

Virtual Team Building Menus

"Whether your team is local or spread across the globe, our virtual team building connects your team, promotes interactive engagement & education — all from the comfort of home or office."

1

CONNECT WITH OUR EVENT PLANNER

- Share your date, time & guest count
- Tell us the type of event
- Let us know your desired outcome

2

SELECT A FORMAT

- Live Demo — up to 1 hour
- Hands-On — 90–120 minutes
- Happy Hour — 1 hour

3

SELECT YOUR MENU

Choose from five globally inspired menus, each crafted for a memorable shared-cooking experience.

ASIA

EUROPE

LATIN AMERICA

MEDITERRANEAN

SMALL PLATES

Every menu is fully customizable for dietary needs — vegetarian, vegan, dairy-free and gluten-free options available throughout.

FALL / WINTER 2026

MAINS

- **Bulgogi Lettuce Cups**, select beef or mushroom
DF VEGAN OPT
- **Pad Thai**, select chicken or shrimp
GF VEGAN OPT
- **Thai Larb Lettuce Cups**, select pork, chicken or tempeh
DF GF VEGAN OPT
- **Red Curry**, rock cod or cauliflower & chickpea, with jasmine rice
GF VEGAN

SALADS & VEGETABLES

- **Green Papaya Salad**
DF GF VEGAN OPT
- **Sautéed Gai Lan** – Chinese broccoli
DF GF VEGAN
- **Spicy Cabbage Salad**
DF GF VEGAN OPT
- **Smashed Cucumber Salad**
VEGAN GF OPT

SIDES

- **Dumplings**, select pork or mushroom
DF VEGAN OPT
- **Japchae** – Korean sweet potato noodles
GF VEGAN
- **Vegetable Spring Rolls** with peanut sauce
GF VEGAN

DESSERTS

- **Thai Sticky Rice** with seasonal fruit
GF VEGAN

MAINS

- **Chicken Piccata** with capers & lemon
GF OPT
- **Pork Chops** with bay leaves & lemon
DF GF OPT
- **Puttanesca Rigatoni**
VEGAN OPT
- **Cod, Salmon or Tofu en Papillote** with seasonal vegetables
GF DF VEGAN OPT

SALADS & VEGETABLES

- **Arugula Salad** with seasonal fruit & feta
DF OPT GF V
- **Baby Gems Salad** with French vinaigrette
V GF OPT
- **Braised Kale** with white beans, garlic & lemon
DF GF VEGAN

SIDES

- **Butternut Squash Risotto**
V VEGAN OPT
- **Crispy Smashed Potatoes**
V VEGAN OPT
- **Penne All'arrabiata**
VEGAN
- **Seasonal Panzanella Salad** with herbs
VEGAN GF OPT

DESSERTS

- **Chocolate Lava Cake** with whipped cream
V GF OPT
- **German Apple Streusel Cake**
V
- **Seasonal Fruit Galette**
V

MAINS

- **Carne Asada or Rock Cod Asada** with salsa verde
DF GF
- **Bistec Encebollado** with sofrito
DF GF
- **Pescado a la Veracruzana**
DF GF
- **Peruvian Roast Chicken or Portobellos** with ahi verde sauce
DF V

SALADS & VEGETABLES

- **Curtido Cabbage Salad**
VEGAN
- **Green Salad** with tamarind dressing
GF VEGAN
- **Papas con Rajas**
GF VEGAN

SIDES

- **Arroz Chaufa** – Peruvian fried rice
DF GF OPT
- **Cilantro Rice Pilaf**
DF GF V
- **Frijoles Refritos**
VEGAN
- **Peruvian-inspired Purple Potato Salad**
V

DESSERTS

- **Piloncillo Cake**
V
- **Pudin de Pan** – Bread Pudding
V
- **Tembleque** – Coconut Pudding
GF VEGAN

MAINS

- **Kotopoulos Lemonato** – Greek lemon chicken
DF GF
- **Lamb Meatballs** with almond saffron sauce
DF GF
- **Tagine**, select merguez & chicken or seasonal vegetables
GF VEGAN OPT

SALADS & VEGETABLES

- **Babaganoush & Muhamarra**
VEGAN GF OPT
- **Grilled Eggplant** with honey & pistachios
GF V DF OPT
- **Mechouia** – Tunisian grilled vegetable salad
VEGAN

SIDES

- **Couscous** with toasted almonds
V VEGAN OPT
- **Homemade Pita Bread**
VEGAN
- **Spanakopita**
V
- **Tabbouleh**
VEGAN

DESSERTS

- **Anise Almond Cookies**
V
- **Bolo de Laranja** – Orange olive oil cake
DF V
- **Tarta de Santiago** – Almond cake
GF V

SMALL PLATES

A shareable, mix & match tasting menu

SAVORY

- **Bulgogi Lettuce Cups**, beef or mushroom
DF VEGAN OPT
- **Carne Asada or Rock Cod Asada** with salsa verde
DF GF
- **Korean Beef Sliders**
DF OPT
- **Lamb Meatballs** with almond saffron sauce
DF GF
- **Salt Cod Fritters**
- **Thai Larb Lettuce Cups**, chicken, pork or tempeh
GF VEGAN OPT
- **Babaganoush & Muhamarra**
VEGAN
- **Dumplings**, mushroom or pork
DF VEGAN OPT
- **Pita Bread**
VEGAN
- **Spanakopita**
V
- **Vegetable Spring Rolls** with peanut sauce
GF VEGAN

SWEET

- **Anise Almond Cookies**
V
- **Ansarys' Chocolate Chip & Oatmeal Cookies**
V
- **Chocolate Lava Cake** with whipped cream
V GF OPT
- **Seasonal Fruit Crumble** with whipped cream
V GF OPT VEGAN OPT
- **Thai Sticky Rice Pudding** with seasonal fruit
GF VEGAN

Small Plates is our most popular format for larger groups — mix and match savory and sweet bites for a shareable, tapas-style virtual experience.