

Grilling Indoors & Out Chef Mat

Through fun and educational hands-on cooking classes, culinary demonstrations, and lectures taught by top chefs and food professionals, we demystify home cooking and entertaining.

Hands-on Cooking Classes • Private & Corporate Cooking Parties • Nutrition Education

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CHEF MAT'S ALL PURPOSE BBQ RUB

Ingredients

Equipment

- Bowl
- Whisk
- 1 cup Salt Black Pepper Corns, freshly cracked ¼ cup 2 Tbsp Garlic Powder **Onion Power** 2 Tbsp 1 Tbsp **Cayenne Pepper** 1 Tbsp Sugar Ancho Chili 1 Tbsp 1 Tbsp Coriander, ground



GUAVA HABANERO PORK RIBS

Serves 6-8

Ingredients

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Equipment

- Chef's knife
- Foil
- Blender
- Parchment paper
- Sheet Tray

- 1. Blend Guava juice, habanero, garlic and ¼ cup salt. Marinate ribs overnight in mixture, keep chilled.
- 2. Preheat oven to 300°F
- 3. Remove ribs from mixture. Bring mixture to one boil and reserve.
- 4. Rub ribs evenly with the dry spice mix, it should coat entirely and form a wet paste.
- 5. Wrap ribs in parchments paper and then foil. Bake for 90 mins. Open foil carefully, and pour ½ reserved liquid over the ribs and return to oven.
- 6. Turn off oven and let ribs sit for additional 30-60 mins in oven. Ribs should be very tender but NOT falling off bone.
- 7. Cut ribs between each bone evenly, and serve with your favorite BBQ sauce or hot sauce on the side



CHARRED TOMATILLO SALSA

Makes 4 Cups

Ingredients

1 lb	Tomatillos, husked, rinsed, patted dry
1 large	White Onion, cut into 8 wedges
2	Jalapeño or Serrano Chiles, halved, seeded
¼ cup	Fresh Lime Juice
1 bunch	Fresh Cilantro

Equipment

- Broiler or Grill
- Tongs
- Blender or food
 processor

- 1. Preheat broiler. Place tomatillos, onion, and jalapeño on a foil-lined rimmed baking sheet. Broil, turning halfway through, until blistered, 12-15 minutes. Let cool.
- 2. Transfer tomatillo mixture to a blender, add 2 tablespoons lime juice, and pulse until a chunky purée forms. Season with salt and more lime juice. Cover; chill. Fold in chopped fresh cilantro before serving.



CARNE ASADA TACOS WITH CHARRED TOMATILLO SALSA

Meat

3-4 medium	Lime, juiced
4-5 cloves	Garlic, peeled, finely minced or pasted
2 tsp	Oregano, dried
2 tsp	Cumin, ground
1/4 cup	Olive Oil
2 lb	Hanger, Flap, Skirt, or Flank Steak, rubbed
To Taste	Salt & Pepper

Equipment

- Chef's knife
- Grill/grill pan
- Tongs
- Mixing bowls
- Marinating container
- Whisk

Additional Ingredients

16 small	Corn Tortillas
1 cup	Sour Cream or Crema, whipped
¼ bunch	Cilantro, minced
2 medium	Lime, wedges
	Salsa – recipe included in
	packet
	Avocado slices

- 1. <u>Meat</u>: Combine first five ingredients together. Pour mixture over steak. Let marinade for 2 hours maximum.
- 2. Remove meat from marinade (wipe away excess). Season with salt.
- 3. Heat a well-oiled grill/grill pan over high heat. Sear steaks for 2-3 minutes on each side until grill-marked and cooked to desired doneness. Remove meat from grill/grill pan, let rest for 5 minutes. Slice thinly across the grain. Then roughly chop. Season to taste with salt and pepper.
- 4. <u>Tortillas</u>: Wrap in tin foil and warm in oven until service. <u>OR</u> Char each side directly on stove burner for about 1 minute, wrap in foil to keep warm and moist.
- 5. Place a portion of steak onto each tortilla. Top with salsa and sliced avocado. Serve with sour cream, cilantro, and lime wedges.



GRILLED MEXICAN STREET CORN

Serves 8

Ingredients

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For brushing	Vegetable Oil
1 Tsp	Chile Powder
½ Tsp	Cayenne Powder
8 ears	Corn, husked
¼ cup	Mayonnaise or Unsalted Butter
½ cup	Cotija, crumbled cheese, or Parmesan, or
	Ricotta Salata
1	Lime, cut into 8 wedges

• Grill

- Gim
- Tongs
- Pastry Brush

- 1. Build a medium-hot fire in a charcoal grill or heat a gas grill to high. Brush grill grate with oil.
- 2. Combine chile powder and cayenne in a small bowl.
- 3. Season mayo with lime zest and salt
- 4. Grill corn, turning occasionally with tongs, until cooked through and lightly charred, about 10 minutes.
- 5. Remove from grill and immediately brush each ear with $1\frac{1}{2}$ tsp. mayonnaise.
- 6. Sprinkle each with 1 Tbsp. cheese and a pinch of chile powder mixture.



BEEF SLIDERS

Serves 4 - 8

Ingredients

Ground Beef, Chicken, or Turkey
Burger Buns
Cheese (optional)
Condiment(s) of Choice
Salt and Pepper

Equipment

- Chef's knife
- Sauté pan
- Spatula
- Grill/grill pan
- Sheet tray
- Mixing bowl

- 1. With wet hands, shape the mixture into patties. Place a thumbprint dent in the top of each burger (this will help them to stay flat while cooking). Season with salt and pepper.
- 2. Heat grill/grill pan to med-high heat. Cook patties for a few minutes on each side, flipping often, until nicely browned and to desired doneness.
- 3. Top burgers with a slice of cheese and condiment(s) of choice.